



Forgewood Housing Co-operative KidZone Newsletter

A Warm Welcome

Welcome to the first edition of Forgewood Housing Co-operative's KidZone Newsletter. This newsletter has been designed with our younger readers in mind.

We know that you probably find our main newsletter really boring and full of stuff that only mums and dads would be interested in, so we

though we would try to bring you something more interesting. We promise there will be no articles on rent payments or dog poo!

School's Out for Summer!

At last the school year is over and you have six weeks ahead of you with no homework, no getting up early and no uniform to wear!!

School holidays are a great time to have fun, meet up with friends and try out new activities.

In the past the co-op has noticed increased instances of vandalism and anti-social behaviour throughout school

holiday times. We hope that this year we will see this reduced due to the range of activities being offered by the co-op, North Lanarkshire Council and the local schools. Please use the holidays to have fun but do remember that the area where you stay is for people of all ages and therefore always have respect for other people and their property.

The co-op hopes everyone has a fantastic summer holiday and here's hoping the weather stays sunny and warm, but if it doesn't we have a few suggestions for you in this newsletter!

Inside this issue:

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Summer Swimming

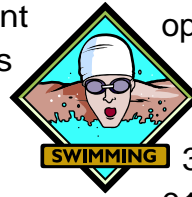
Every year North Lanarkshire Council provide free swimming to under 16's during the summer holidays. To take advantage of this offer just go along to your local swimming pool which will be either Wishaw Sports Centre, Wishaw or Aquatec,

Motherwell. The only charge you may have is for your locker! Another excellent idea for those rainy days and a great way of staying fit and healthy.

Non-swimmers or those under 8 years of age will need to be accompanying by an

adult.

For further information and opening times please contact Wishaw Sports Centre on 01698 355821 or Aquatec on 01698 332828.



Break Out

We hope you received the North Lanarkshire Council 'Break Out' magazine which was given out in the last few days of school.

This magazine details all the events taking place over the school holidays and gives

ideas of places to go and free events that are being organised across the whole of North Lanarkshire.

If you have not receive this magazine or have misplaced it, pop into the office and collect another one.

Enjoy the rest of the summer and why not try something new!

Circus Skills & Funshops

North Lanarkshire Council's Community Learning and Development Team have a Circus Skills and Funshop Project running throughout the holidays. The project is for anyone ages between 8 and 15 and will be held in Pather Community Centre, Wishaw. You can enroll for either Group A which runs from 10am till 12noon or Group B which runs from 1.00pm till



3.00pm. The programme involves practicing existing skills, building new skills, peer supported learning and performance opportunities. There is no cost involved in attending this project.

Circus skills will take place on the following dates:-

Mondays

2nd, 9th, 23rd & 30th July

6th & 13th August

Tuesdays

3rd, 10th, 17th, 24th & 31st July

7th & 14th August

Why not give it a try and learn some new circus skills!!

For further information please contact Community Learning and Development on 01698 386886.

Chat room Safety

Most of us now have access to the internet whether it is at home, a friends house or an internet café.

Chatrooms have become increasingly popular over the last few years and people have been chatting with friends that they already know and also making new friends from all over the world.

There have been several news items lately highlighting the dangers of giving out personal information on chat rooms and we would like take

this opportunity to remind anyone who uses chatrooms or messaging services to remember to follow these simple rules when chatting on the web:-

- ◆ People may not be who they say they are.
- ◆ Never arrange to meet anyone you do not know.
- ◆ Keep personal information to yourself do not give out your full name, address, telephone number or picture of yourself.

- ◆ Log out immediately if you feel uncomfortable.
- ◆ Use a nickname and not your real name.
- ◆ Tell your parent or a close friend if you feel uncomfortable or worried.

For more information and advice visit:-

www.chatdanger.com

This website is dedicated to information on the dangers in chat rooms.

STAY SAFE

Source: www.chatdanger.com



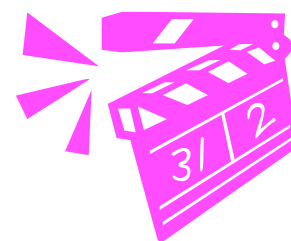
Cinema

On checking with the local cinema, Vue in Hamilton they are running an event 'Kids AM' for kids up to 14 years of age. This event takes place every Saturday and Sunday morning and you only pay £1.50 per child and one accompanying adult goes FREE!! Any additional adults

only pay £1.50. This is well worth looking into for those rainy days or days that your parents insist on doing something as a family—the only thing left to argue about will be what film to go and see!

For more information on the films available contact Vue Cinemas on 08712 240240 or

visit www.myvue.com and select the Hamilton cinema.



Have Your Say

As we have mentioned this newsletter is designed for the younger reader and therefore we want to print articles that you will be in-

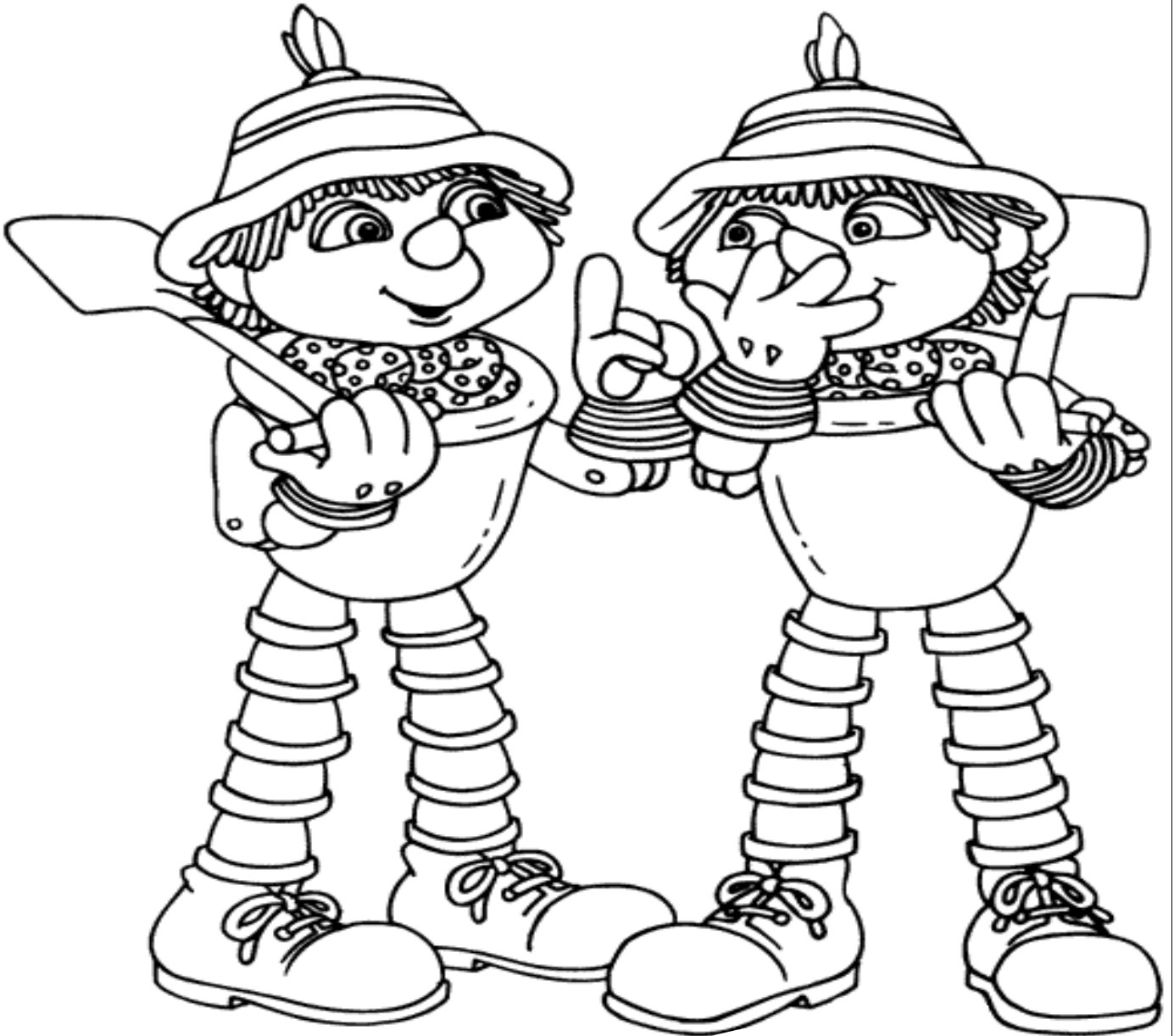
terested in. Please provide details of items you would find interesting to our Admin Officer, Kirsty McCourt, at the office and she will try to

include these in the next KidZone Newsletter. Your suggestions will be greatly appreciated.

Thank You

Colouring In Fun

Something for our younger readers—have some fun and colour in this picture of 'Bill and Ben The Flower Pot Men'. Please bring in your finished picture to help brighten up our office!



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